WAFFLE STITCH

Thread Type	As Shown	Your Choice
Rayon Ribbon	Rainbow Gallery Neon Rays N14 Hot Pink	
Metalized rayon ribbon	Rainbow Gallery Neon Rays + NP14 Hot Pink	

The next block is a combination of four waffle stitches, all the same size and shape, stitched with ribbon. You may use a different thread if you like. I stitched two of the waffle stitches with the rayon ribbon, and the other two with the metalized rayon ribbon. You may stitch all four of them with the same thread, alternate the rayon ribbon with the metalized ribbon, stitch three with one of them and the fourth with the other one, however you want.

Anchor with a pin stitch in the shape of a "T" in the center of the waffle stitch; this will be covered by the stitches but won't raise the center. The Milanese block is shown for reference and placement for the first two stitches, but won't be shown for the rest of the diagram.

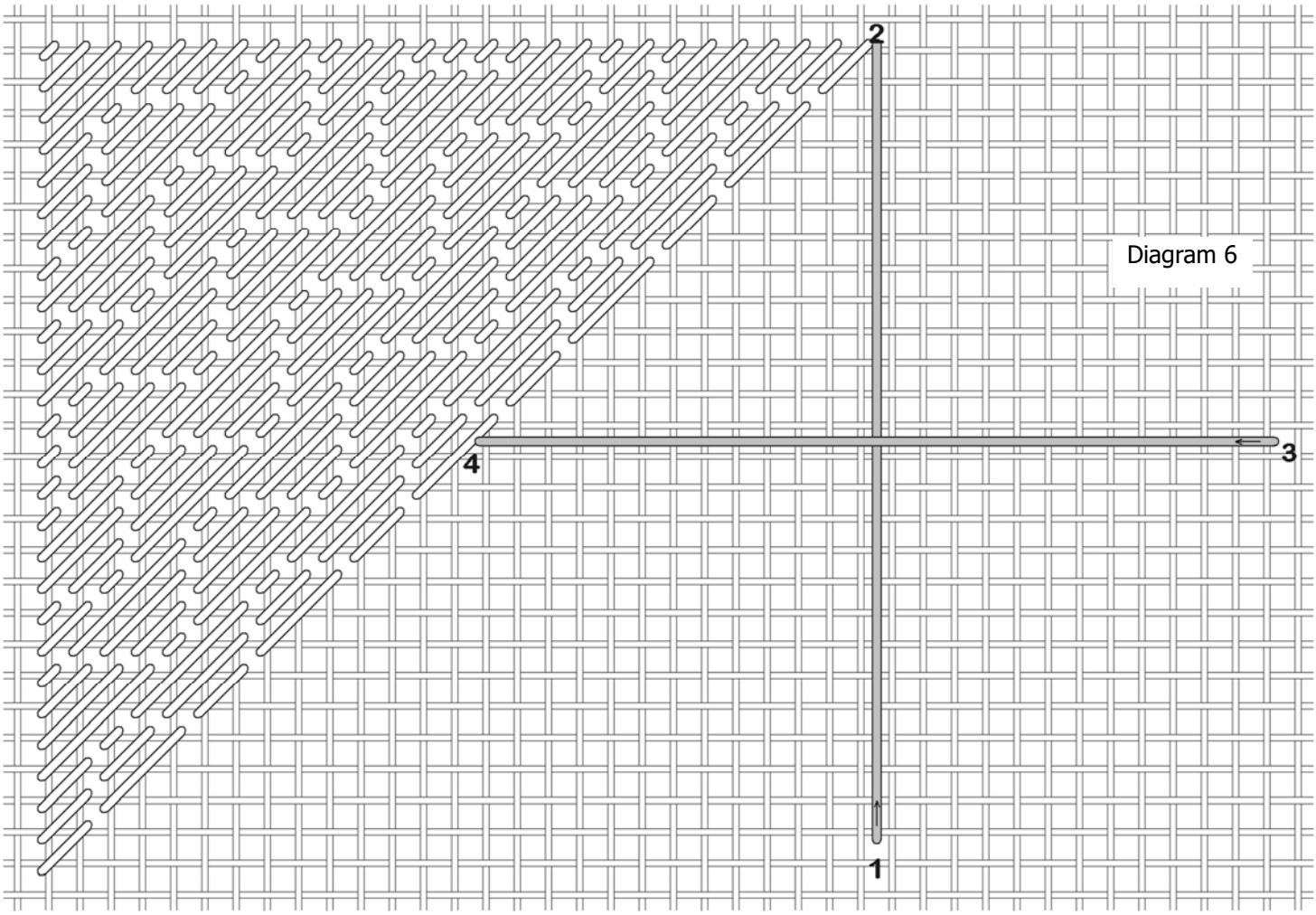


Diagram 6

Stitch the waffle stitch as shown in Diagram 7.

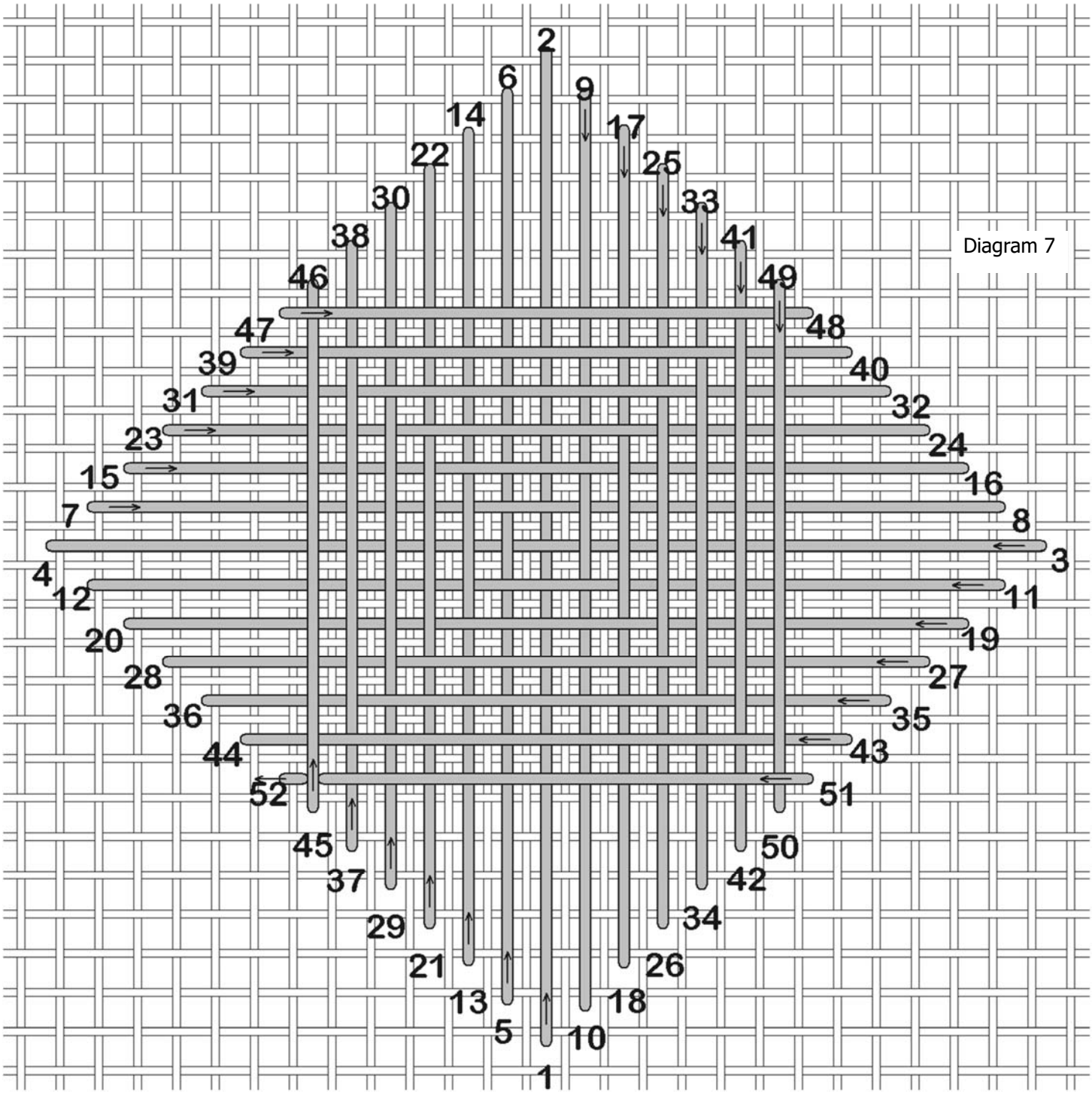


Diagram 7

The last stitch, stitch 51, slides between the canvas and the first stitch of the last round, stitch 45, before ending; this puts a thread on top of every thread around the waffle and gives it a more finished look.

Stitch three more waffle stitches, leaving a gap between them as shown.

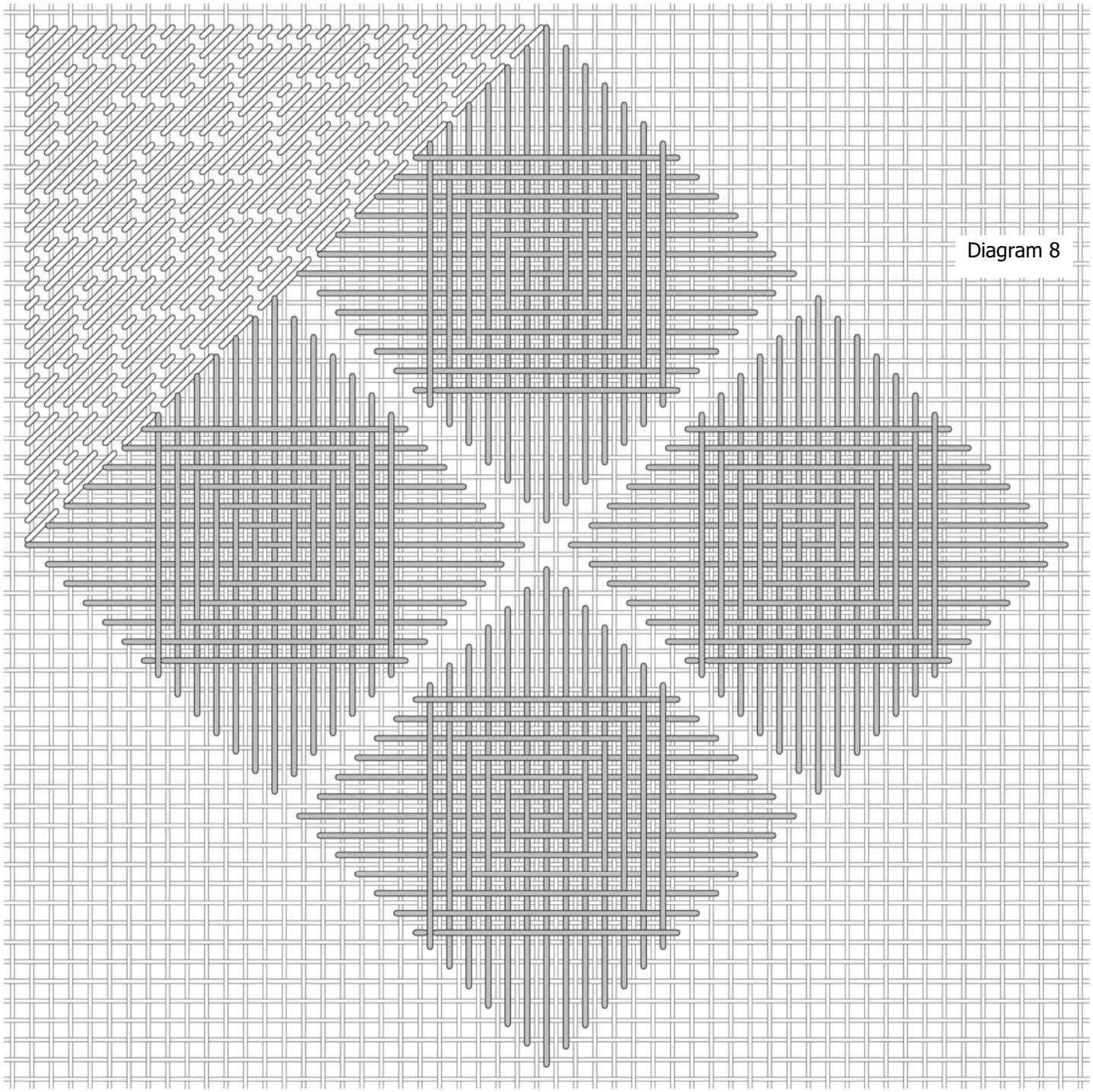
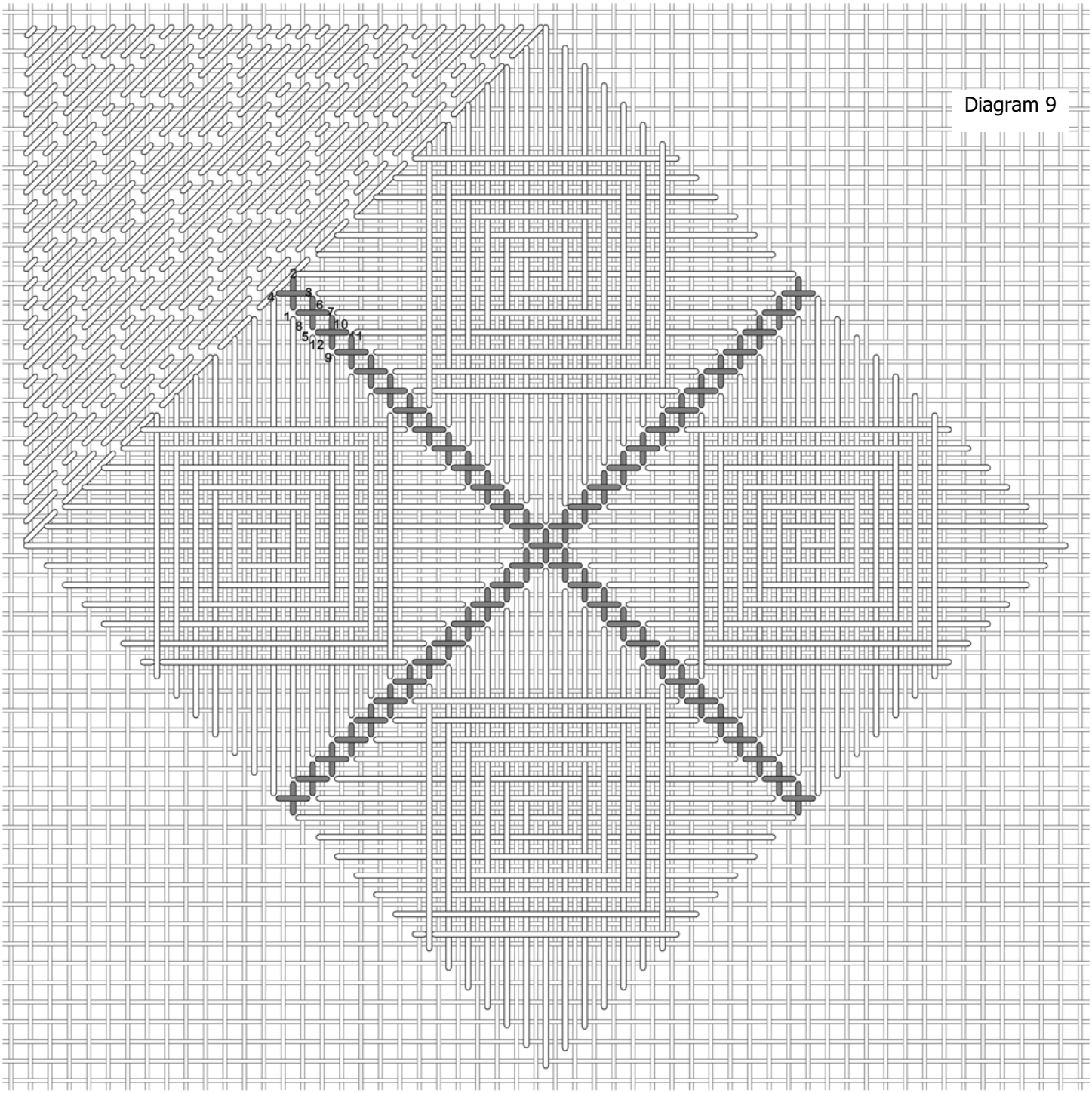


Diagram 8

UPRIGHT CROSS STITCHES

Thread Type	As Shown	Your Choice
Fine metallic braid	Kreinik #8 024HL Fuchsia	

Stitch upright cross stitches between the waffle stitches. You may use the lighter color if you like but I like the contrast of the darker color.