

September 2026 Stitch Along

By Debbie Rowley

Stitch alongs are so much fun that I decided to do another one this year! This one will feature fewer stitches so we can hopefully finish before the end of the year.

I selected stash threads for this project. Admittedly, I probably have a deeper stash than most! But I hope you'll be able to find some threads for this stitch along that will please you.

I'll come up with a name for the project later, so feel free to make suggestions as we move along.

I selected a Caron Collection Watercolours with a matching (kind of) Waterlilies. The colors aren't exactly the same because the fiber content takes up the dye differently. Then I selected #8 pearl cottons in each of the color groups, with some stranded flosses in shades of those colors. I decided to add in some specialty threads as well - Neon Rays, Silk Lamé Braid and Kreinik #8 braid. As you are selecting your own colors for this you don't need as many color groups as I'm starting with, but try to have several different textures of threads.



The design is about 5" x 5", so I've cut my canvas 11" x 11". For these saturated colors I decided Sandstone 18 ct. Mono canvas would be the best.

Mount your canvas either on top of the stretcher bars or under the bars, whichever you prefer, but use plenty of tacks/staples, no more than ½" apart. A tight canvas is much easier to stitch than a looser canvas because you aren't pulling the canvas up and down with each stitch.

We'll begin in the approximate center.

Waffle Stitches

Length	Thread Type	As Shown	Your Choice
28"-32"	Stranded floss	Caron Collection Waterlilies 239 Glowing Embers (3)	

Another project and more waffle stitches! This is one of my favorite stitches and I usually include in every project due to its versatility.

When I was working on diagrams I was struck by the pattern formed **between** the waffle stitches. So I made a deliberate choice of threads to highlight the pattern between the waffle stitches.

Waterlilies is a good choice when you have 4 stitches that need to match, since it's a 12 strand thread - you can use 3 strands for each of the stitches. And, I made sure to place the color changes as I wanted, to highlight the pattern between.

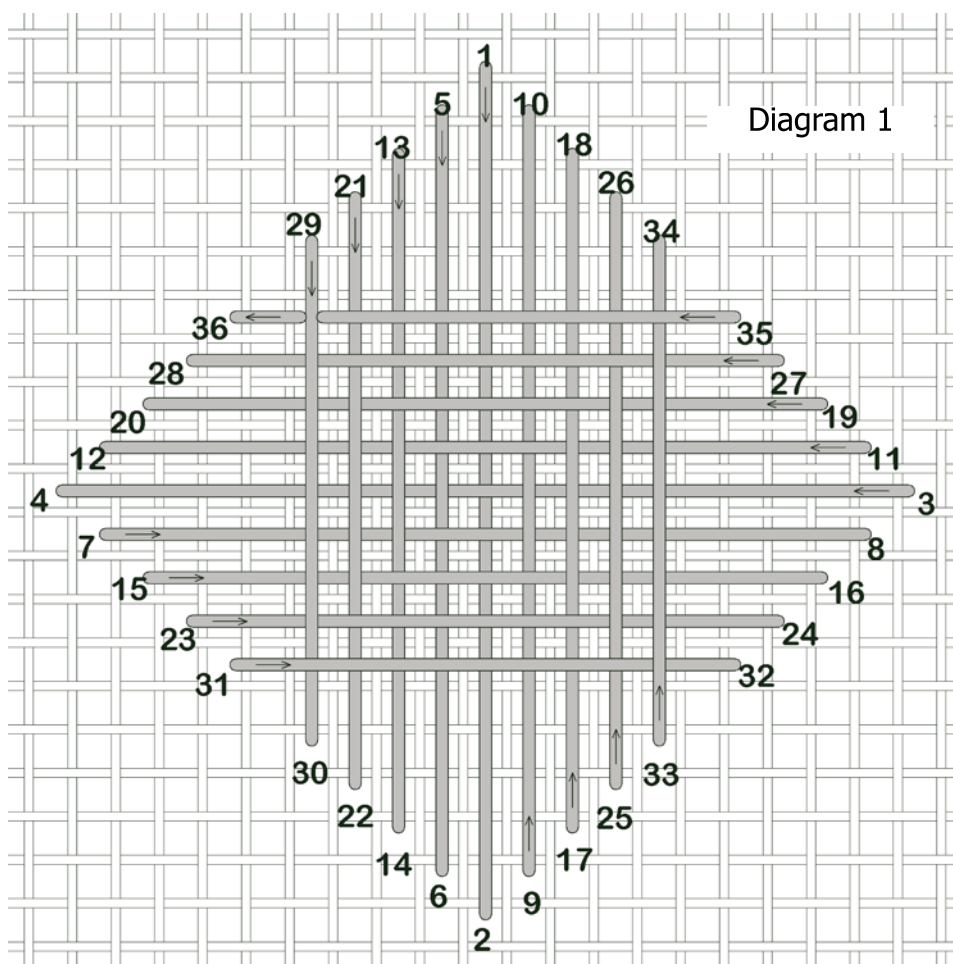
The basic waffle stitch is shown in Diagram 1. This waffle stitch is over 20 canvas threads. Anchor with a T stitch placed where it will be under the center of the waffle stitch.

From the approximate center of the canvas count up 20 canvas threads; bring the needle up here to begin the waffle stitch.

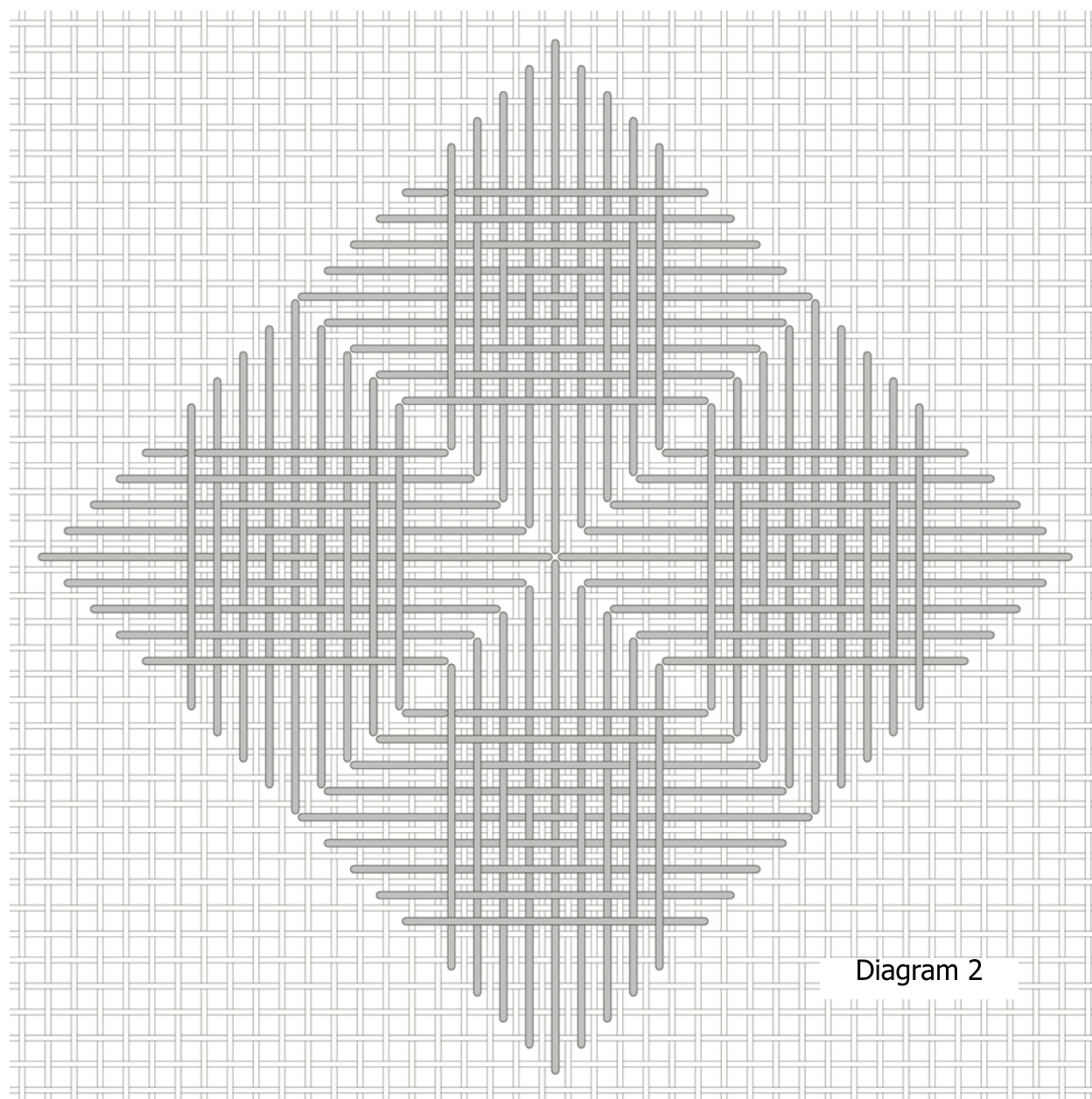
The last stitch, 35-36, slides under the first stitch of the last round, 29-30, before ending.

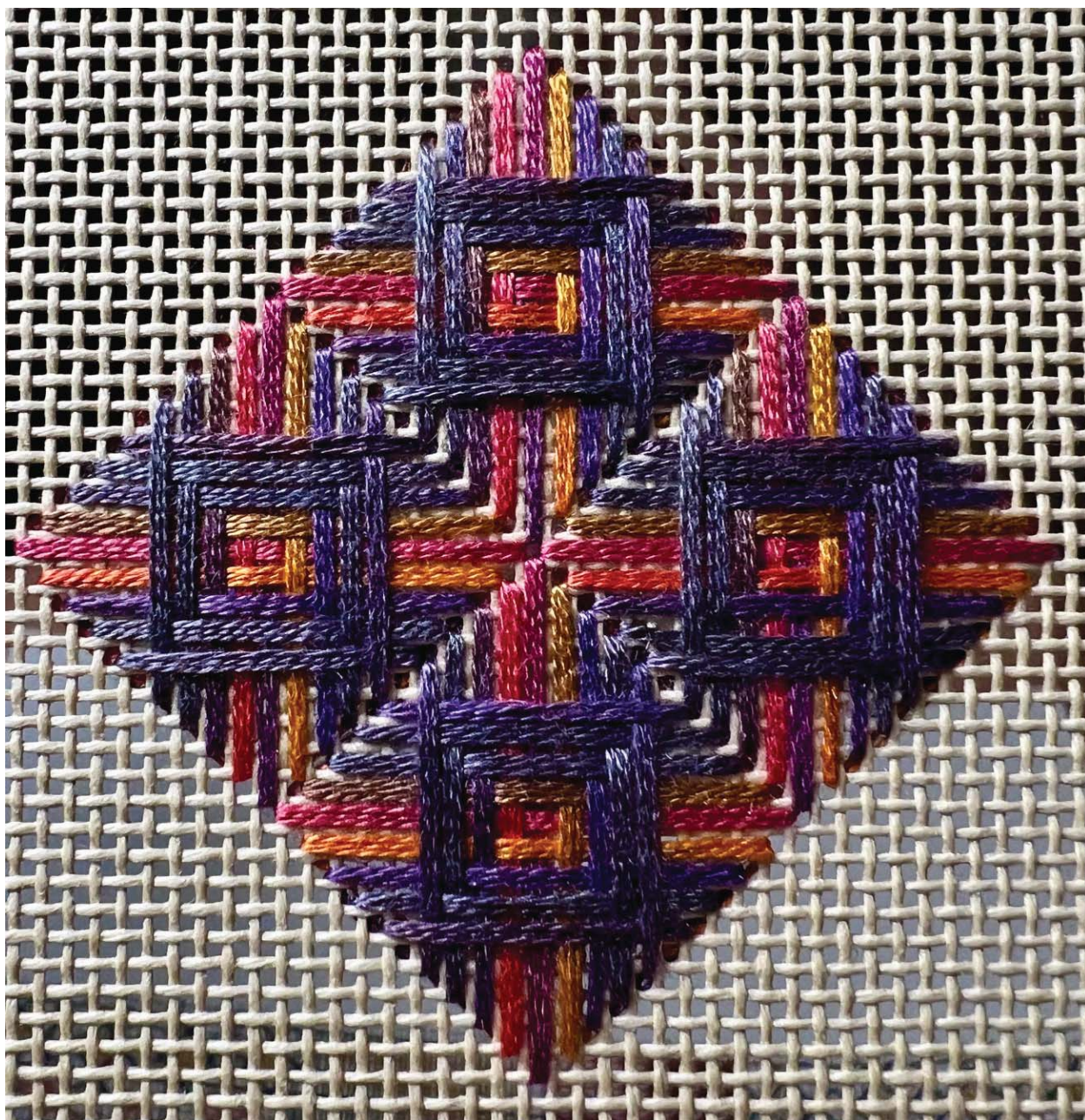
End off the thread with a T stitch, either under the existing waffle or in the open space where the next waffle will be.

Start a new length for each waffle.



Stitch three more waffle stitches as shown in Diagram 2.





You can clearly see the pattern between the waffles in the photo. A bonus pattern with these stitches!